

## **Spiritually INTEGRATED Psychotherapy Across Modalities, Approaches, and Populations**

### **One Class at a Time**

**NEW CONTENT for 2023 – 2024!**

#### **Integrating SIP with:**

- Widely used approaches to psychotherapy (CBT, ACT, others)
- Commonly presented spiritual or existential hardship/adversity
- Work with marginalized populations (LGBTIQA+, BIPOC)

These classes will be in an interactive didactic format led by an exciting combination of faculty members and renown clinicians, supervisors, and expert researchers in their fields. Some are known to the Solihnten Network along with some new faces.

There will be no preparatory readings and two (2) CE hours will be available for each offering.\*

#### **These a-la-carte offerings are ideal for:**

- Clinicians and supervisors who want to augment their competencies in SIP.
- Clinicians and supervisors who want to learn about using SIP with specific populations.
- Clinical and Training Directors who want to lay the groundwork for religious/spiritual competencies for their teams.
- Non-clinicians who are interested in learning more about SIP.

### ***NEW this Year, a Bonus Consultation Group Opportunity***

For the 2023 – 2024 program, **one case consultation group** will be made available for **six clinicians total, (limit one per Center)** throughout the full series. The group will convene immediately following each didactic session with the session's faculty member for one hour. Each participant will be given the opportunity to sign up to bring a case throughout the series.

In order to participate in the consultation group, one must register for the **full series** *Spiritually INTEGRATED Psychotherapy Across Modalities, Approaches, and Populations* and commit to attending each of the six consultation group sessions. This established requirement is being done to ensure continuity across the group.

***Classes and Group will be offered on Fridays via Zoom Meeting Format***

## Faculty

- **Joseph M. Currier, PhD**, is an academic clinical psychologist and full professor at the University of South Alabama with a background in translational research related to R/S, psychotherapy practice, consultation, training, and supervising clinicians. He has also led several grant-funded studies, including the Spiritual and Religious Competencies Project.
- **Jesse Fox, PhD**, a previous Solihten Annual Conference presenter, focuses primarily on spirituality integrated counseling, spiritual bypass, contemplative practices, and the implications of religious pluralism in counseling. He has also co-authored two books with Routledge Press, entitled *Bringing Religion and Spirituality into Therapy and Spirituality and Avoiding Difficult Emotions: Working with Spiritual Bypass* (Under Contract).
- **Kenneth Pargament, PhD**, a previous Solihten Annual Conference presenter and recipient of the National Samaritan Award, Dr. Pargament is a professor emeritus of psychology at Bowling Green State University. He has published extensively on religion, spirituality, and health, and authored several seminal research papers and books on Spiritually Integrated Psychotherapy and is credited with establishing SIP as a major field of study.
- **Michelle Pearce, PhD, NBHWC**, is an academic clinical psychologist at the University of Maryland – Baltimore who co-created the SCT-MH program, co-led two evaluation projects of the program, and has an extensive track record of training, research, and practice in R/S. She recently presented a paper at the APA conference on CBT and Spiritually Integrated Psychotherapy.
- **Russell Siler Jones, ThD**, a previous Solihten Annual Conference presenter, is director of the Residency in Psychotherapy and Spirituality at CareNet/Wake Forest Baptist Medical Center in Winston-Salem, North Carolina, and a psychotherapist in private practice in Asheville, North Carolina.
- **Serena Wong, PhD**, is an adjunct faculty member at Western University in Ontario, as well as an associate scientist at Lawson Health Research Institute. Dr. Wong's clinical interests include complex trauma intervention, spiritually integrative care, process-based therapy, integrating second and third wave approaches to psychotherapy (ACT, FAP, CBT) for individuals and groups, adults, and seniors with severe mental health struggles.

## ***Winter 2023 – Summer 2024 Schedule***

### **Spiritually Integrated Psychotherapy: Process and Assessment**

#### **Friday, November 10**

1:00 – 3:00 pm, Eastern  
12:00 – 2:00 pm, Central  
11:00 AM – 1:00 pm, Mountain  
10:00 AM – 12:00 pm, Pacific  
7:00 AM – 10:00 am, HST

#### ***Faculty***

- **Russell Siler Jones, ThD**

### **Working with Spiritual Struggles in Spiritually Integrated Psychotherapy**

#### **Friday, January 19**

1:00 – 3:00 pm, Eastern  
12:00 – 2:00 pm, Central  
11:00 AM – 1:00 pm, Mountain  
10:00 AM – 12:00 pm, Pacific  
8:00 AM – 10:00 am, HST

#### ***Faculty***

- **Kenneth Pargament, PhD**

### **Integrating Spirituality into Acceptance and Commitment Therapy**

#### **Friday March 1**

1:00 – 3:00 pm, Eastern  
12:00 – 2:00 pm, Central  
11:00 AM – 1:00 pm, Mountain  
10:00 AM – 12:00 pm, Pacific  
8:00 AM – 10:00 am, HST

#### ***Faculty***

- **Joseph M. Currier, PhD**

## **Integrating Religion into Cognitive Behavioral Therapy**

### **Friday, April 12**

1:00 – 3:00 pm, Eastern  
12:00 – 2:00 pm, Central  
11:00 AM – 1:00 pm, Mountain  
10:00 AM – 12:00 pm, Pacific  
7:00 AM – 9:00 am, HST

#### ***Faculty***

- **Michelle Pearce, PhD, NBHWC**

## **Spiritually Integrated Psychotherapy and Avoiding Difficult Emotions: Working with Spiritual Bypass**

### **Friday, May 10**

1:00 – 3:00 pm, Eastern  
12:00 – 2:00 pm, Central  
11:00 AM – 1:00 pm, Mountain  
10:00 AM – 12:00 pm, Pacific  
7:00 AM – 9:00 am, HST

#### ***Faculty***

- **Jesse Fox, PhD**

## **Spiritually Integrated Psychotherapy for Functional Analytic Psychotherapy**

### **Friday, June 21**

1:00 – 3:00 pm, Eastern  
12:00 – 2:00 pm, Central  
11:00 AM – 1:00 pm, Mountain  
10:00 AM – 12:00 pm, Pacific  
7:00 AM – 9:00 am, HST

#### ***Faculty***

- **Serena Wong, PhD**

## Pricing

	<b>In Network</b>	<b>Out of Network</b>	<b>CE Hours</b>
<b>Individuals</b>			
Single Session	\$ 75	\$ 125	<i>Only the individual registered will be eligible for 2 CE hours.</i>
Series (Six Sessions)	\$ 375	\$ 425	
<b>Consultation Group</b> (Six Sessions)	\$ 225	\$ 275	
<b>Centers</b>			
Single Session	\$ 300	\$ 400	<i>All Center personnel who attend the LIVE presentation(s) will be eligible for 2 CE hours.</i>
Series (Six Sessions)	\$ 1,500	\$ 1,900	

## Registration

<https://tinyurl.com/SolihtenSIPone2324>

- ☆ Registration deadlines will be on a rolling basis throughout the program. The **final deadline for the first course and series offering is Friday, November 3, 2023**
- ☆ Registration for the **consultation groups will close at six participants or on Friday, November 3**, whichever comes first

### **Key Notes:**

- ✓ Registration is NOT complete until payment is received. Credit cards are accepted through the registration form, or a check can be mailed to the Institute office.
- ✓ If you register at the Center rate, ahead of each session, a list of personnel that will be attending will be required for the processing of CEs.



\*Solihten Institute has been approved by NBCC as an Approved Continuing Education Provider, **ACEP No. 7157**. Programs that do not qualify for NBCC credit are clearly identified. Solihten Institute is solely responsible for all aspects of the programs.