

The Solihten Update

A Solihten Institute Publication

Continuing to Move Forward with a Special
2022 Solihten Annual Conference Edition



“...Speakers and topics were excellent; I didn’t realize ahead of time how excellent they were going to be.”

~ 2022 Solihten Annual Conference Attendee

“What an amazing conference! My light is shining brightly!”

~ 2022 Solihten Annual Conference Attendee

“I’ve had the privilege to attend the conference in the past. It was a great “connecting” experience. But I’m so thankful that I was able to join in “from a distance.” Thanks for the opportunity.

~ 2022 Solihten Annual Conference Attendee

The Gifts of Our Wounds, Pardeep Singh Kaleka

The powerful story of a friendship between two men—one Sikh and one skinhead—that resulted in an outpouring of love and a mission to fight against hate.

When white supremacist Wade Michael Page murdered six people and wounded four in a Sikh Temple in Wisconsin in 2012, **Pardeep Kaleka** was devastated. The temple leader, now dead, was his father.

Meanwhile, Arno Michaelis, a former skinhead and founder of one of the largest racist skinhead organizations in the world, had spent years of his life committing terrible acts in the name of white power. When he heard about the attack, waves of guilt washing over him, he knew he had to take action and fight against the very crimes he used to commit.

After the Oak Creek tragedy, Arno and Pardeep worked together to start an organization called Serve 2 Unite, which works with students to create inclusive, compassionate, and nonviolent climates in their schools and communities. Their story is one of triumph of love over hate, and of two men who breached a great divide to find compassion and forgiveness.

***This session was brought to you by the Equity and Inclusion Taskforce
of the Solihuen Institute National Board of Directors***

- [Session Recording](#)
- [Distributed Resource](#)

***Present and Future Impacts of a Disrupted World
on Behavioral Healthcare, Hani Talebi, PhD***

Hani Talebi is the Senior Vice President, Health System Integration for the Meadows Mental Health Policy Institute, as well as a licensed psychologist and licensed specialist in school psychology. He brought the latest information around the ways in which the COVID-19 pandemic has and will continue to impact behavioral healthcare services. So many of us were already aware of the healthcare inequities in this country, particularly when it comes to behavioral healthcare services; but the pandemic shined a bright light for all to see. ***How will this fact impact our work both now, but also in the future?***

- [Session Recording](#)
- [PowerPoint Presentation](#)



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Foundation of Spiritually Integrated Psychotherapy, Steven J. Sandage, PhD, MDiv

This year the Solihnten Network celebrates 50 years of excellence in integrating the client's religious and/or spiritual needs into the therapeutic process. Steven Sandage, PhD, MDiv the Albert and Jessie Danielsen Professor of Psychology of Religion and Theology at Boston University, and the Research Director and Senior Staff Psychologist at the Danielsen Institute, provided a look at the foundational aspects of this work with a particular recognition toward how this impacts the work that is being done today.

- [Session Recording](#)
- [Additional Resources](#)

The Awakened Brain:

The New Science of Spirituality and Our Quest for an Inspired Life, Lisa Miller, PhD

One of the keynote speakers at our last in-person Solihnten Annual Conferences (2019) was Dr. Lisa Miller who was very well received by those in attendance. We were THRILLED to be able to bring Dr. Miller back with her new book, *The Awakened Brain*, which in addition to *The Spiritual Child* is also a New York Times best seller. She is a professor in the Clinical Psychology Program at Teachers College, Columbia University. She is the Founder and Director of the Spirituality Mind Body Institute, the first Ivy League graduate program and research institute in spirituality and psychology.

Throughout her presentation, Dr. Miller shared the current trends and findings around the science behind this important work as we continue our journey through 50 years of spiritually integrated psychotherapy.

- [Session Recording](#)
- [PowerPoint Presentation](#)

Bringing Religion and Spirituality into Therapy, Dr. Jesse Fox

By this point in the Annual Conference, we had looked at the roots and the current trends in Spiritually Integrated Psychotherapy, and **Jesse Fox, PhD** guided us into imagining the future of this work with this thought-provoking session. Dr. Fox, Assistant Professor of Counselor Education at Stetson University has experience working with a range of clinical populations including college counseling, outpatient addiction treatment, community mental health and private practice. He is a project leader for the Spiritual and Religious Competency Project, funded by the John Templeton Foundation.

- [Session Recording](#)
- [PowerPoint Presentation](#)

State of the Solihnten Institute, Robert P. Johnson, MS

Robert Johnson, MS, President/CEO of the Solihnten Institute provided a dynamic and engaging presentation around the current work of the Institute, as well as the scope of impact that the Solihnten Network has on our communities.

- [Session Recording](#)
- [PowerPoint Presentation](#)

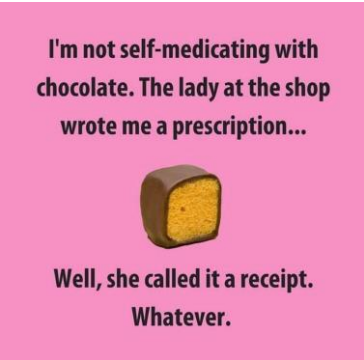


The Solihten Update Archives

All prior issues of *The Solihten Update* that have been published since 2020 can be found in the member resources section of the Solihten Institute website: <https://solihten.org/protected-pages/training-and-education/updates-ongoing-resources/>

Each Center has a personalized log-in that has been provided to the Center Leadership. That information is available from [Steve Duson](#).

Other



(The Solihten Annual Conference always includes chocolate)