An innovative, 10-month program designed to expand therapists’ assessment and clinical skills for healing the whole person—Mind, Body, and Spirit and Community.

Expert Faculty

Our faculty are therapists and clinical supervisors who average 35-40 years of clinical and theological experience. Grounded in different faiths, their core competencies address spirituality in the discipline of psychotherapy.

Christine Dietz
Ph.D. LISW, D.Min.

Ellery Duke
M.Div., Ph.D. LP, AAPC Fellow

Randy Hoedeman
M.Div., Ph.D., LPC, LMFT,
NCC, AAMFT Approved Supervisor

Russell Siler Jones
ThD, LPCS, AAPC Diplomate

Carol Pitts
M.Div., Ph.D., LPC, LMFT, AAMFT
Approved Supervisor, AAPC
Diplomate

Other invited guest faculty

2696 S. Colorado Blvd, Suite 580
Denver, CO 80222

www.solihten.org
For Seasoned Therapists

Deepen your comfort level in working with the spiritual aspects of psychotherapy. Increase your confidence in working with clients for whom spiritual/faith traditions are an important part of their growth journey.

For your clients

• This provides an opportunity to understand more deeply the search for meaning in their lives.

• Studies suggest that spiritually-oriented psychotherapeutic approaches may be beneficial to individuals with certain psychological problems (e.g., depression, anxiety, stress, eating disorders, suicidal ideation, and substance and alcohol use).1

Curriculum Areas of Study

Unlike other training programs in Spiritually Integrated Psychotherapy, this program is easily accessed (no travel required) and integrates the best practices identified by the leading religious/spiritual psychotherapeutic traditions—without promoting any single modality.

Borrowing from the work of The Danielsen Institute, the American Association of Psychotherapy, and the work of Ken Dr. Pargament, the curriculum considers a variety of faith traditions, gender issues, and cross-cultural insights that afford clinicians the opportunity for richer empathic connections with their clients.

Key Facts

• 30 hours over 10 months

• Course dates are October - July, 2021-22

• Two monthly 90 minute videoconference meetings:
  ○ One topical, interactive seminar
  ○ One small group case consultation of 4-5 participants, facilitated by a faculty member.

• Class size limited to 25; priority given to Solihten Institute Network Clinical and Training directors

• CEUs available

• Actual cost of this program is $2,392 per student. Tuition offsets are made possible through the generosity of Solihten Institute donors.

For Your Clients

Outcomes of Religious and Spiritual Adaptations to Psychotherapy: A Meta-Analytic Review

Timothy B. Smith, Jeremy Bartz & P. Scott Richards Pages 643-655 | Received 20 Jul 2005, Published online: 17 Oct 2007

Payment / Registration

• Pay by August 23 (extended) -- $550
  After August 23-- $575

• September 17 - registration deadline.

• Pay / Register Online: https://bit.ly/SIREG-SIP-ATSIP
  or via check to:
  Solihten Institute,
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  303.691.0144 ext. 16