**PCS Psychotherapy Training Program**

**Program Schedule for 2018-2019**

September-October PCS Policies and Clinical Procedures

Suicide Assessment

Diagnostics and Differential Diagnosis

Initial Stage of Individual Psychotherapy

Developing Treatment Plans

Spirituality in Psychotherapy

Introduction to Bowen Systems Theory

November-December Bowen Systems Theory-Anxiety in One’s Development

Contextual History of One’s Development in Family

Attachment Theory

Early Stages of Individual Psychodynamic Therapy

January-February Introduction to Object Relations and Self Psychology

Childhood Development in a Family

Introduction to Family Intervention

Assessment

Planning from theory not reactivity to symptoms

Forms of family therapy

Object Relations

Structural

Emotionally Focused and Attachment Based

March-April Troubled Couple Relationships; Assessment

Forms of couples therapy

Emotionally Focused

Experiential

Bowen Systems

May-July Treating the Individual in Depth Therapy

Self Psychology

Instructors: Baddeley

Genzel

Longo

Reynolds

Stephens

Watjen