**PCS Psychotherapy Training Program**

**Program Schedule for 2018-2019**

September-October PCS Policies and Clinical Procedures

 Suicide Assessment

 Diagnostics and Differential Diagnosis

 Initial Stage of Individual Psychotherapy

 Developing Treatment Plans

 Spirituality in Psychotherapy

 Introduction to Bowen Systems Theory

November-December Bowen Systems Theory-Anxiety in One’s Development

 Contextual History of One’s Development in Family

 Attachment Theory

 Early Stages of Individual Psychodynamic Therapy

January-February Introduction to Object Relations and Self Psychology

 Childhood Development in a Family

 Introduction to Family Intervention

 Assessment

 Planning from theory not reactivity to symptoms

 Forms of family therapy

 Object Relations

 Structural

 Emotionally Focused and Attachment Based

March-April Troubled Couple Relationships; Assessment

 Forms of couples therapy

 Emotionally Focused

 Experiential

 Bowen Systems

May-July Treating the Individual in Depth Therapy

 Self Psychology

Instructors: Baddeley

 Genzel

 Longo

 Reynolds

 Stephens

 Watjen