

## Thank you for your donation to Solihnten Institute!

We are a national professional association of more than 50 nonprofit mental health counseling centers.

We help people heal – mind, body, spirit, and community.

Your financial contribution supports:

- Efforts toward school-based mental health programs that help kids:
  - Recover from trauma
  - Reduce truancy
  - Diminish disciplinary problems
  - Improve grades
  - Remove stigmas around mental health counseling
- Advanced training for licensed counselors in Spiritually Integrated Therapy, one of the most effective, evidence-based approaches to treating stress, anxiety, depression, relationship issues, eating disorders, suicide ideation, alcohol abuse, and substance abuse.
- Compliance with regulations of HIPAA, the Health Insurance Portability and Accountability Act, to respect and ensure client privacy.
- Leadership programs for nonprofit counseling executives to run an efficient small business with sliding fee scales to make mental health services accessible to all.
- Clergy and Congregational Care programs that help interfaith provider networks thrive.
- A vetted, affordable telemental health platform to provide therapy via video conferencing to serve clients who move, travel, maintain a busy lifestyle, or become increasingly housebound.
- An accredited integrated mental health provider network that ensures the best possible clinical and financial practices.
- Licensed, compassionate counselors and therapists who nurture the mind, body, spirit, and community of more than 68,000 people each year.

## Donation via Credit Card

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Name as it appears on the Card      Credit Card Number      \$ \_\_\_\_\_  
Amount

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